## HOME HEALTH CARE NURSE ASSISTANT

- N- Not exposed to the task
- 1- Exposed to the task
- 2- Accomplished task with help
- 3- Accomplished task to criteria
- 4- Able to teach task

## 1. Introduction to Home Health Care Nurse Assistant

- Identify the roles and responsibilities of team members
- 1.2 Identify the educational requirements and certifications of home health care team members
- Identify opportunities for employment in home health care
- Identify and list the functions of the Nurse Assistant and Nursing professional organization(s)
- 1.5 Follow a chain of command
- 1.6 Practice professional work habits
- 1.7 Comply with state regulations for Home Health Care Nurse Assistants
- 1.8 Locate OSHA poster(s) and MSDS(s) in clinical site
- Identify OSHA regulations that pertain to clinical site
- 1.10 Identify biohazard labels
- 1.11 Identify different departments in a typical clinical site
- 1.12 Identify procedures and tasks performed as a Home Health Care Nurse Assistant
- 1.13 Apply ethical standards to the occupational area
- 1.14 Apply legal standards to the occupational area
- 1.15 Demonstrate confidentiality in the occupational area
- 1.16 Demonstrate various public relations and marketing techniques
- 1.17 Identify, define and use terminology specific to the occupation
- 1.18 Organize workload and prioritize tasks

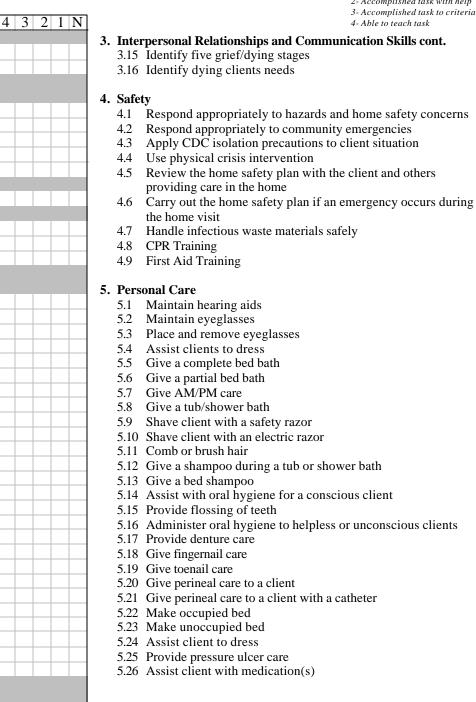
#### 2. Employment

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- 2.1 Describe the job search process
- Identify requests that are beyond the nurse assistant's training
- Implement techniques to manage stress

## 3. Interpersonal Relationships and Communication Skills

- Provide quality health care
- 3.2 Demonstrate sensitivity to the diversity of others
- Demonstrate tolerance to challenging clients and/or families
- Exhibit sensitivity to clients' and/or families' pain and loss
- 3.5 Communicate pertinent information at the shift change
- 3.6 Chart observations and procedures
- Reinforce client teaching identified on the care plan
- Describe the aging process
- Identify the behavioral changes in the home bound client
- 3.10 Identify abnormal body discharge
- 3.11 Schedule appointment for a home health care client
- 3.12 Reinforce client/family instruction from professional staff
- 3.13 Report client needs to supervisor
- 3.14 Complete agency standard forms regarding client care



# HOME HEALTH CARE NURSE ASSISTANT continued

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6. Restorative Nursing	
6.1	Assist or raise a client's head and shoulders
6.2	Move helpless client to the head of the bed

- Move or assist client to the head of the bed
- Move a client to one side of the bed
- Turn client to his or her side
- Turn client to a prone position 6.6
- 6.7 Transfer a client from bed to chair
- Transfer a client from chair to bed
- 6.9 Transfer a client using a mechanical lift
- 6.10 Transfer a client from bed to gurney
- 6.11 Transfer a client using a three-person carry transfer
- 6.12 Transfer a client using a two-person sitting transfer
- 6.13 Ambulate client with a gait belt
- 6.14 Ambulate client who is using a walker
- 6.15 Ambulate a client who is using a cane
- 6.16 Ambulate a client who is using crutches
- 6.17 Perform range of motion exercises
- 6.18 Assist with active range of motion exercises
- 6.19 Adjust the position of the geriatric chair
- 6.20 Describe use of alternating mattress
- 6.21 Correct placement of foot board and bed cradle
- 6.22 Assist with the use of rehab devices (ie. prosthetics)
- 6.23 Provide traction care assistance
- 6.24 Provide cast care assistance
- 6.25 Provide splint care

### 7. Nutrition

4 3 2 1 N

- Prepare a client for a meal
- Distribute trays, assisting with tray set-up
- Feed a helpless client
- Modify feeding technique as appropriate for a client's condition
- Distribute drinking water
- Measure and record intake and output
- Identify special/therapeutic diets
- Recognize client's nutritional needs
- Plan and/or prepare meal(s) for client

#### 8. Elimination

- Provide assistance with bowel and/or bladder training program
- Assist with the incontinent client
- Assist client with a urinal
- Assist client with bedpan
- Change urinary drainage bag
- Provide catheter care
- Change adult incontinent brief

